- Announcer: Wellness Wednesday. Here are your hosts, Dr. Norm Shealy and Dr. Sergey Sorin.
- Dr. Shealy: Good afternoon and Happy Thanksgiving, everyone. Dr. Sorin is not with us today, but Chris Griffin, our medical intuitive friend is, and it is open line Wednesday for the whole time. We're not doing any lecturing, no teaching. Just answering your questions about anything, because it's all related to health. And good afternoon, you're on the air.
- Winder: Hi Norm, it's Winder Lyons.
- Dr. Shealy: Great. Good to talk to you.
- Winder: And you, sir.
- Dr. Shealy: What's going on?
- Winder: Well, we were having a zeolite discussion. Is this a good time to continue with that?
- Dr. Shealy: I was just going to mention that my latest infatuation, if you will, is with zeolite. I've known about it for years, but you know, the more I learn about the extreme toxicity of the planet today, the more interested I am in zeolite. So tell us about it.
- Winder: The zeolites are, I think, best considered as a miracle of nature. Now they're an unusual mineral in that they have a negative charge. Now, zeolites have been known about and written about since Rome because in your body, as in nature, zeolites will attract and bind positively charged toxins.

So when the Romans would build aqueducts out of zeolite, the water tasted better. Now they had no idea why, but they just, they noted it. So in your body, when you have zeolites that are in the proper form, they travel through your system, everywhere that water goes. And whenever they encounter a toxin of any sort, whether it's insecticide, pesticide, herbicide, obesogens, heavy metal, a chemical, anything with a positive charge, which as you know, most toxins have positive charges, they will bind it. They'll render it inert and you excrete it in four to six hours. So it's this sort of - it's a dumb rock. It sort of just bumps around -

- Dr. Shealy: Wait a minute, I've got to interrupt you.
- Winder: Sure.
- Dr. Shealy: I think you should call it a smart rock. Sorry.

Winder: Well, it is very intelligent in what it does. But I say a dumb rock because it has no biological interaction. It does not interact biologically with your body in any way. It doesn't store. Once it grabs the toxin, it keeps it, it never releases it again. And your body doesn't keep the zeolite. It gets rid of it very quickly, along with this toxic load, which has been rendered inert.

So it's like liquid flypaper for toxins. It goes everywhere. Crosses the blood brain barrier into the brain, which is why we see such great results with zeolites, with children that have issues that are related to, say for instance, heavy metals. And there's all sorts of things that can happen, as you know, when children are exposed to toxins. They have behavioral issues, they have communication issues. They have an inability to express emotions. Well that all can change and very rapidly when you, and if you detoxify things that are not supposed to be there.

It's like we're cleaning the temple. It's removing everything that's an impediment to your homeostasis. So, this rock, this mineral is – they're prevalent. Zeolites form whenever lava hits seawater. And there are thousands of different kinds of zeolites, depending on the rock that's being spewed out of the volcano. But this particular iteration, which is called clinoptilolite, has had GRAS status. And for those who are unaware, what that means, that means the government has a status for things called GRAS, which is generally regarded as safe.

So zeolites have had GRAS status for about 100 years. They've been used in agriculture particularly with cattle to help detox their digestive tract. Humans have been using it for all sorts of things. But the version that we have, that you now have is unusual in that there are two – the two versions that we are helping people to have in their lives. One is a liquid that's engineered to stay in the gut in the digestive process, cleans out the biome, cleans all the junk out of your flora, helps balance the pH. And the other version, which is the one that is getting such tremendous and fast results with children, et cetera, is a nano-sized spray.

And so that's the one that goes everywhere in your body that water goes. And also just a little side note, I sent you an article yesterday, it's an abstract from a study that shows that zeolites will also interrupt viral replication.

- Dr. Shealy: That was most interesting. Yes, I read that.
- Winder: And something else that's fascinating about zeolites. If you have a particular cell that has a fibrin coating, or any sort of protective coating, some sort of maybe it's some sort of cancer cell or some pathogen or some critter in

that out of the human body?

Yes.

	there. The zeolites are inert. They don't attack anything. They don't do any- thing to anything. All they do is just attract an opposite charge, like a little water softener. Well, if it encounters, say, a virus that has a protective coat- ing, and that protective coating has a positive charge, the zeolites will attract and bind the coating, allowing your body's own immunity to do its job the way it's supposed to.
Dr. Shealy:	Right. Okay, just a moment. Let me interrupt you. We have a caller on the line. Let's see what it's about.
Winder:	Sure.
Dr. Shealy:	Just stay there. Good afternoon. You're on the air.
Caller:	Hello, Dr. Shealy.
Dr. Shealy:	What's up?
Caller:	My question about the zeolite things, I've got a lot of friends that their chil- dren or grandchildren have autism, and I'm persuaded that the thimerosal mercury shots, from what you've educated me, has caused a lot of that. Will

the zeolites even after four or five, seven years, will that attach that and pull

Winder: Yes. We have seen adult children change.Caller: Glory to God. That is awesome.Dr. Shealy: And we will have it hopefully within a week or 10 days at the most at our

Absolutely. At any age, it's worth detoxifying.

- Dr. Shealy: And we will have it hopefully within a week or 10 days at the most at our email and online store, (417) 467-2124. I know Tracy put in the order yesterday.
- Caller: Well, I'll help you get that message out. This is your friend Bob Monday, wishing you a very happy Thanksgiving, Doctor. Stay with us until you're 140. We need you.

Winder: Hey Bob.

Winder:

Dr. Shealy:

Dr. Shealy: That's the current plan. Thanks for calling. Wonderful. Well, I'm looking forward to it because several years ago, I had very toxic levels of aluminum. I don't know where they came from, but that's what – and I was treated actually by a naturopathic remedy, and it did reduce it, but it never got rid of it

	totally. So I just ordered another hair analysis on myself yesterday. And I'm going to start taking zeolite every day for the next 50 years at least.
Winder:	Yes, that's my plan.
M:	And I had a question for you, when you get a second.
Winder:	Sure. Go ahead.
M:	Hey, so you had mentioned that it combats obesogens.
Winder:	Yes.
M:	So is it kind of like flushing the toilet on your fat cells?
Winder:	If you have an obesogen in your body, it will bind it and remove it. Obeso- gens, generally, people don't really know what they – a lot of times don't know what they are, but they're things like Teflon and fire retardants. And this is such a toxic world. We live in this toxic soup. And when I tell people that now when they're analyzing the blood work of polar bears and they're finding obesogens, they're funding Teflon in the bloodwork of polar bears. It's a very shocking thing to most people.
	But we live in a very, very toxic place. Now here's another, for instance, we outlawed leaded gasoline in cars, what 50, 60 years ago, but not leaded gasoline in airplanes. So, what do you think is happening to all of us every day? From the water, the air, the food, the, the household products, the carpets, the furniture, all of these things bring high levels of very, very dangerous materials into our lives. And our only option is to detoxify and adapt.
	And now there are a lot of doctors and scientists around the world who are suggesting that, and maybe you have better statistics on this number than I do, but somewhere above 80% of all of our diseases, illnesses and conditions can be traced to a toxin, either directly causing the problem or exacerbating the issue.
Dr. Shealy:	I have no doubt whatsoever about that. We, we live in a bad toilet.
Winder:	Yes, yes. It's horrible. And I worked at a company one time where a woman had lost a child to water pollution. And can you imagine, well, also I'm a supporter of an organization called the Keep A Breast Foundation, and they say that 90% of all breast cancer is directly linked to toxicity. And I lost a 41-year-old daughter to breast cancer. So this is a very personal issue for me.

- Dr. Shealy: Okay. Well, tell the people what the product is called and how soon we're going to have it in our web store.
- Winder: There are two, the liquid that you just drank is called well with a dropper. You don't just chug a bottle, but you could, but I don't think you'd like it. That's called Pure Body. And the nano-sized spray that crosses the bloodbrain barrier and goes everywhere in the body that water goes is called Pure Body, Extra Strength. And we will be you will have the product in your store. And the only people really who need this are those that eat, breathe, and drink. Other than that, you don't need it.
- Dr. Shealy: Now, let me ask you the big question. An average person who let's say doesn't have any major symptoms, but knows maybe they've had a hair analysis by the way, the best way to test yourself for all heavy metals is hair, rather than blood or urine. It's concentrated. How long would it take in the average person who's not severely toxic to detoxify?
- Winder: Detoxification is like a toxins store in your cells like a tree ring. If you imagine a tree ring, they store in layers. And so when you begin this detox process, it just depends on how much you've stored and it can be from your whole life. So unfortunately, it's an impossible question. I wish I could give you a real answer, but that's an individual thing. There's no one size fits all. Some people let me tell you a story.

I had a friend who was a smoker for 55 years and 5 years before he started taking the zeolites, he quit smoking. And then he started taking the zeolites and for the first three weeks afterwards, his urine stank of nicotine, and then it quit. So even things that you have done to yourself many, many, many, many years ago are going to get expunged. The average person, I would say, would notice a difference in their energy levels probably within the first month. I'd say the sleep patterns would probably also alter fairly quickly. Some people notice it the first dose. We've had children who have never spoken before speak after the first dose. And then sometimes we've had kids that have had behavioral and issues like that, sometimes it takes two or three months for them to notice significant change.

Dr. Shealy: Let me ask you the big question. I still see almost everybody over 55 years of age has poisonous silver mercury fillings. Now my first recommendation is only one dentist in town that's just what I call a real dentist. And I send them – it's actually a couple, a husband and wife, but no other dentist will remove the junk. Do you think it would be – that they could act to get by just taking the Pure Body zeolite and not have their fillings removed?

Winder:	Well, I think that it's going to remove all of the mercury that's been released that's stored anywhere in the body, that will be gone. But since the fillings continue to release mercury, why put the zeolites through that? They will help and they will keep you as clean as possible. But personally, I think it's better to take them out, but if you can't or don't, this is definitely the best option.
Dr. Shealy:	Great.
Chris:	So maybe you can take that to trim the symptoms you may have from it and then get them removed and then keep taking it.
Winder:	Yes.
Chris:	So start now.
Winder:	Yeah. And I would really absolutely recommend that people take it for at least a month in heavy dosage before removal of their fillings.
Dr. Shealy:	Exactly. Because they could get very toxic the day after a removal.
Winder:	Yes.
Chris:	Especially if you go to a regular dentist and not the specific ones.
Winder:	Yes, and really take a lot afterwards. This is a miracle of nature. This stuff is – there's nothing else like it. It's the finest chelating agent on the planet. There's nothing that touches it. It's inexpensive. It's easy to use. It doesn't – medical chelation is literally a pain and expensive and time-consuming and uncomfortable. This is none of that. This is just amazing stuff.
	And I think it's the foundation of all health. I think you have to clean the temple. I think you have to get all the stuff that's not supposed to be there out. And when you do, then you have a shot at reboot to blueprint and a real opportunity to invite spirit to be your operating system with an unimpeded flow of energy throughout your entire body. This is just miracle stuff.
Dr. Shealy:	Totally. Now, one other biggie question.
Winder:	Sure.
Dr. Shealy:	Regular chelation with EDTA does remove calcium from your coronary ar- teries and other arteries in your body.
Winder:	Yep.
Dr. Shealy:	Will this decalcify the arteries?

## Zeolites radio interview with Winder Lyons and Dr. Norm Shealy

Winder:	That's a fascinating question. I would suggest that it doesn't matter what the problem is, it's going to get better when your body's clean.
Dr. Shealy:	Now just a minute, let's take one more call because we've got a break com- ing up. Good afternoon. You're on the air.
Caller:	Hi Norm. Hi Chris. This is a great show. I'm really enjoying it. For the speaker, I'm sorry, I didn't get your name, but do you have a website so we can research this?
Winder:	Sure. My name is Winder Lyons. I have a site that's just information only and it's www.realzeal.life. And my landing page there says that in my view, toxicity is the real plague of our age. And this is the answer to that problem.
Caller:	Many of these detoxification programs have flu-like symptoms. Can I take this and go to work, for example?
Winder:	Usually people do not experience any Herxheimer effect from this and if they do, it's very mild. On occasion, if somebody is extremely toxic, they can have some typical detox symptomology, but you can mitigate that by taking less and drinking more water. You can control that whole situation.
Caller:	Can you take this for the rest of your life, as Norm said he would?
Winder:	I intend to.
Dr. Shealy:	And I do too. From what I know about our planet, I definitely am going to. Unfortunately, folks, we've got to go, we've got to break for the half hour, but we'll be back with you right after the break.

[End of Recording]